



nvaiecmh
Nevada Association for Infant
& Early Childhood Mental Health

Giving children roots to
grow and wings to fly.

OCTOBER 2024 NEWS

The Association is delighted to wish a Happy Fall to you, our Infant and Early Childhood Mental Health Champions. Fall is an important transition season towards the deep rest of winter. Though there may be a flurry of activity, our natural rhythms are making note of shorter days and cooler mornings.

We encourage you to find opportunities to incorporate rest into your days. Some of our favorites include **early morning quiet time, playing board games in the evening instead of watching television, putting together puzzles, spending time outdoors, and working on art projects.** We can be models for our little ones when we take time to rest.

As so many of you know, the NV-AIECMH is the culmination of decades of determination and vision from individuals across Nevada. Our foundational support over the past few years was generously provided by The Children's Cabinet. This fall marks an exciting time for the Association as we begin to stretch our own wings. We are transitioning to being a sub awardee of grants and are seeking meaningful partnerships with other Infant and Early Childhood organizations and stakeholders.

Our success now depends on engagement and support from Members like you. Over the next few months, we will be busy curating useful Members Only content including articles, forums, training opportunities, and information sessions. Be sure to take advantage of our current membership pricing specials. At its best value, you can get one year of membership for FREE when you choose the three year membership option. We are so glad you are here!

Jacquelyn Kleinedler, MFT, LADC
NV-AIECMH Executive Director

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OCTOBER CELEBRATIONS & AWARENESS



Celebrate Babies Week October 21-25, 2024 - Infant Mental Health Associations across the globe come together for a special week dedicated to honoring infants, toddlers, young children, their families, and their early childhood professionals who support them. First launched by the Michigan Association for Infant Mental Health (MI-AIMH) in 2010, it was designed to bring awareness to the critical role that early relationships play in the well-being of infants, toddlers, and their families. Learn more [HERE](#)



ADHD Awareness - Every October is Attention Deficit Hyperactivity Disorder (ADHD) Awareness Month, an occasion to raise awareness and support for those with ADHD. In the United States, about 8.4% of children and 2.5% of adults have ADHD, making it one of the most common mental health conditions.

Learn more [HERE](#)



SIDS Awareness - October is Sudden Infant Death Syndrome Awareness Month. A safe sleep environment can help reduce the risk of SIDS and other sleep-related causes of infant death, like suffocation.

More information & resources [HERE](#)



Down Syndrome Awareness - Raise awareness and celebrate the many abilities of loved ones with Down syndrome. It is one of the most common types of intellectual disabilities and this month is a time to advocate for acceptance and inclusion of people with Down syndrome.

Learn more [HERE](#)



Breast Cancer Awareness - No matter who you are or where you live, breast cancer may touch your life. Bring awareness, know the facts, statistics, risk factors, and how screening and early detection play an important role in higher chances of survival.

Learn more [HERE](#)



Global Diversity Awareness - Every October is a reminder of the positive impact a diverse culture of people can have on society as a whole. Celebrate Global Diversity Awareness Month by paying tribute to the diverse minds and beliefs held by all cultures around the world. Embracing the values of various cultures only strengthens our understanding and appreciation of the world.





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**P R O F E S S I O N A L
DEVELOPMENT
O P P O R T U N I T I E S**



DATE	PROGRAM	HOSTED BY
OCT 18	Adam's Place 2nd Annual Children's Grief & Trauma National Conference	Adam's Place
OCT 24	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
OCT 30	Cultivating the Garden of Reflective Capacity in Early Relational Health - Part 2	Center for Early Relational Health
OCT 30	Live, Interactive Webinar: Trauma Informed Care	Adam's Place Education & Training Marketplace
ON PAUSE	ECHO SERIES	NV-AIECMH
Ongoing	CARA Trainings	Nevada Division of Public and Behavioral Health

CLICK HERE



Click the date column for more information and registration details for each program.

CARA TRAININGS

Nevada's Division of Public and Behavioral Health (DPBH) is committed to collaboration that benefits those experiencing substance use disorder and their dependents. The Comprehensive Addiction and Recovery Act (CARA) requires a CARA Plan of Care to be developed when an infant has been identified by a health care provider as affected by substance abuse or as having withdrawal symptoms resulting from prenatal drug exposure or Fetal Alcohol Spectrum Disorder (FASD). The purpose of the CARA Plan of Care is to identify the needs and services for the infant and family. DPBH has developed the following training to support implementation of CARA in Nevada.

Training 1: CARA Plan of Care Overview

This training will help you to understand who plays a role in implementing CARA Plans of Care as well as the background and best practices for implementing Plans of Care.

Training 2: Roundtable Discussion

Training 2 addresses common questions when implementing the CARA Plan of Care in Nevada. In a roundtable discussion format based on case scenarios, experts provide their perspectives on questions received from the Perinatal Health Initiative CARA Workgroup.

Training 3: Navigating Resources

The purpose of this training is to assist child welfare, social services, substance use disorder treatment, public health and mental health agencies, hospitals with labor and delivery units, and providers of maternal and child health services to identify services and resources for families impacted by problematic substance use.

Training 4: Completing Plans of Care in Openbeds

This training covers how to enter a Plan of Care into the OpenBeds system.

For more information on Federal Legislation and State of Nevada Regulations on CARA Plans of Care please view the resources and materials linked in the QR Code



SCAN ME

DC: 0-5 CLINICAL TRAINING

DATES: November 5, 6, & 7, 2024

TIME: 8:30 a.m. - 1:00 p.m.

LOCATION: 6171 W Charleston Blvd. Building 7, Las Vegas

PRESENTERS: Krisann Alvarez, Ph.D., IECMH-E® & Ann Polakowski, LCSW, IECMH-E®



The DC:0-5™ Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood is the first developmentally based system for diagnosing mental health and developmental disorders in children 0-72 months. The DC:0-5 is designed for use by individuals across disciplines to identify concerns, areas of intervention, and to communicate clinical observations between professionals.

This training is designed for advanced practitioners such as mental health clinicians, psychiatrists, pediatricians, nurse practitioners and early intervention specialists whose work with infants, young children, and their families involves assessment, diagnosis, intervention and treatment.

Participants will learn about the multi-axial system within the DC:0-5 and will be prepared to utilize the manual in their practice.

Registration is limited and will close on October 30, 2024. Please direct any questions to sbaranowski@dcsf.nv.gov



FREE REGISTRATION



**Important Notice: This training is clinical in nature. While clinical licensure is not required for participation, attendees should understand that completing this training alone does not qualify them to make or submit diagnoses. For further professional development, the Nevada Training and Technical Assistance Center offers a series of Infant and Early Childhood Mental Health trainings.*

Pending approval for CEUs for Social Workers, Psychologists, Marriage and Family Therapists and Clinical Professional Counselors



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DATE	PROGRAM	HOSTED BY
NOV 5	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
NOV 5, 6, 7	DC: 0-5 Clinical Training	Nevada Division of Child and Family Services
NOV 6	Artful Minds: Navigating Grief Through Creativity	Adam's Place Education & Training Marketplace
NOV 8	NVAIECMH Membership Luncheon Learning	NV-AIECMH
NOV 18	Reflecting Community & Cultural Wisdom in Our Practice	Center for Early Relational Health
NOV 20	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
ONGOING	Free Online IECMH Modules	Virginia Commonwealth University

[CLICK HERE](#)



Click the date column for more information and registration details for each program.

COMPETENCY GUIDELINES

The Infant and Early Childhood Mental Health (IECMH) competency guidelines are designed to guide and inform a professional's way of thinking, doing, and being with infants, young children, and their families. There are 8 areas of expertise:

- Theoretical foundations
- Laws, regulation, and agency policy
- Systems expertise
- Direct service skills
- Working with others
- Communicating
- Thinking
- Reflection

This month's focus is Theoretical Foundations.

Theoretical foundations are essential for infant and early childhood mental health professionals as they provide structured framework for understanding development and guiding evidence-based interventions. These theories help in accurate assessment, tailored intervention strategies, and support for the parents and caregivers. Additionally, they ensure culturally sensitive, ethical practices and facilitate effective collaboration with other professionals, ultimately leading to better outcomes for children and their families.

Competency Areas:

- Pregnancy & early parenthood
- Infant/young child development & behavior
- Infant/young child/family centered practice
- Relationship-focused practice
- Family relationships & dynamics
- Attachment, separation, trauma, grief & loss
- Cultural humility

(MI-AIMH Copyright© 2024)

Join
-US-

Join us for **Virtual Office Hours!** These drop-in meetings allow you to connect & chat with NV-AIECMH staff to talk about the Association, the journey to Endorsement[®], the IECMH Competencies, and membership. Dates & details are available at nvaiecmh.org/events



WHAT WE'RE READING

It's OK to be Different by Sharon Purtill

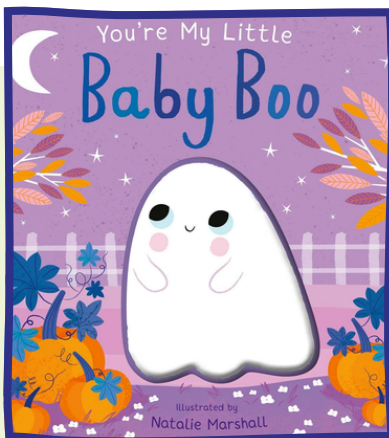
This book highlights the ways kids are different from one another and helps children to accept themselves and others as the beautifully unique individuals that they are. It encourages kids to be kind and befriend those who are different from themselves, showing young children that they don't have to look alike or enjoy doing the same activities to be kind to one another.



FOR READING TOGETHER

You're My Little Baby Boo by Nicola Edwards

The sweetest treat to share with the little ones in your life and features beautiful nighttime illustrations of iconic Halloween characters such as ghosts, pumpkins, and candy corn. Children will love the interactive features alongside the story about a parent's love for a child.



SCIENCE SAYS...

The Impact of Early Adversity on Children's Development Source: Center on the Developing Child - Harvard University

What happens in early childhood can matter for a lifetime. To successfully manage our society's future, we must recognize problems and address them before they get worse. In early childhood, research on the biology of stress shows how major adversity, such as extreme poverty, abuse, or neglect can weaken developing brain architecture and permanently set the body's stress response system on high alert. Science also shows that providing stable, responsive, nurturing relationships in the earliest years of life can prevent or even reverse the damaging effects of early life stress, with lifelong benefits for learning, behavior, and health.

Learn more in the full article from the Center on the Developing Child [HERE](#)



2025 MEMBERSHIP

The Nevada Association for Infant and Early Childhood Mental Health (NV-AIECMH) works across Nevada to promote infant and early childhood mental health. Through your membership, you help advance the profession of Infant and Early Childhood Mental Health (IECMH) in Nevada and around the country.

Membership Benefits Include:

Connection and Networking

- Inclusion on NV-AIECMH's membership listserv
- Access to our Online Community Platform to network and learn from other members with diverse and interdisciplinary infant and early childhood mental health experience
- Ability to serve on NV-AIECMH Committees.
- Networking and mentoring opportunities with other NV-AIECMH members
- Job board and other opportunities
- Grant opportunities
- Collaboration opportunities/inquiries

Information and Research

- First to receive the Newsletter with updates on NV-AIECMH activities and initiatives.
- Access to NV-AIECMH's curated library of resources and publications related to the field
- News from the World Association for Infant Mental Health

Professional Development

- Reduced registration fees for NV-AIECMH trainings
- Priority enrollment for all NV-AIECMH training and events including opportunities to earn CEUs
- Alerts about upcoming events, trainings, conferences, and other opportunities related to IECMH across the nation
- Access to NV-AIECMH's training library with recordings from previous and current trainings
- Access to Reflective Practice spaces (monthly office hour drop in format)

Endorsement® Journey

- Access to Infant and Early Childhood Endorsement through NV-AIECMH
- Once registered for the Endorsement®, start your Endorsement Journey and receive technical assistance on how to proceed with the Endorsement process

2025 MEMBERSHIP PRICING

NV-ASSOCIATION FOR INFANT & EARLY CHILDHOOD MENTAL HEALTH
NEW Membership Fees for 2025
PLAN AHEAD!

SPECIAL PRICING FOR EARLY RENEWALS!

Membership Renewal One Year Option

Individuals (2025)

\$50

Renew BEFORE
November 15th

\$65

Renew BEFORE
December 31st

Membership Renewal Three Year Option

Individuals 2025-2027

\$125

Renew BEFORE
November 15th

\$150

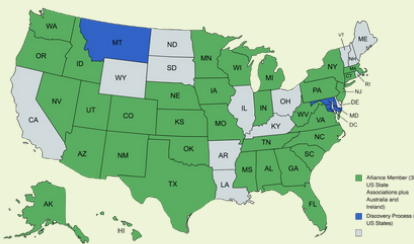
Renew BEFORE
December 31st

Celebrating
332
MEMBERS!

Special Student Membership pricing also available.
See the NVAIECMH website for full details on all
membership pricing.

<https://nvaiecmh.org/>

ABOUT NV-AIECMH



NV-AIECMH is the only statewide professional association that supports, trains, and connects the cross-system workforce that supports and promotes the healthy social emotional development of Nevada's children from the prenatal period through age six.



Nevada is one of **37** state associations in the U.S. to provide the Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health®. Each association is a member of the Alliance for the Advancement of Infant Mental Health. Learn more about the Alliance [HERE](#).