



nvaiecmh
Nevada Association for Infant
& Early Childhood Mental Health

Giving children roots to
grow and wings to fly.

SEPTEMBER 2024 NEWS

We don't know about you, but here at the Association we are excited to welcome Fall! There are so many ways to celebrate the changing season as the days get shorter and the evening get cooler. One of my favorite fall rituals is to play an "eye-spy" game using changing leaf colors on walks and drives.

This month's newsletter acknowledges that September is suicide prevention month, and our resources put a special emphasis on perinatal caregivers. Research resoundingly tells us that meaningful connection is a critical suicide prevention strategy. Be sure to check out our additional information about IECMH Endorsement® and reading recommendations.

We have another exciting and important change coming to the Association. As we continue the work of sustainability planning, we will soon begin charging a membership fee. The renewal portal will open on October 1st. (If you haven't yet signed up for a membership with us, you can still join for FREE for the rest of 2024 as long as you do so before October 1st.) If you do already have a membership, we invite you to be among the first to take advantage of our 3 Year Membership discount option! If you renew your membership before November 15th, you will have access to all our membership benefits through 2027 for only \$125. We have so many exciting member benefits coming in 2025 and will have more details to share soon! We are so glad you are here.

Jacquelyn Kleinedler, MFT, LADC
NV-AIECMH Executive Director



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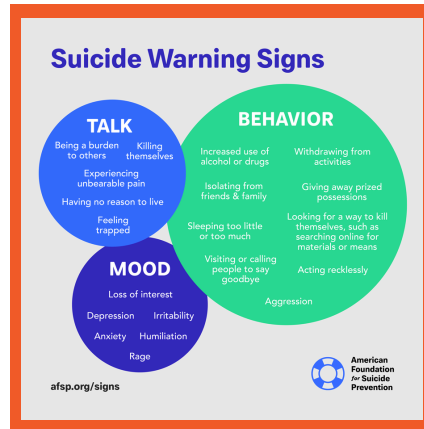
WWW.NVAIECMH.ORG

SEPTEMBER AWARENESS



September is National Suicide Prevention Month

May we pause to remember the lives lost to suicide and the many individuals, families and communities that have been impacted by suicide. We encourage you to explore the many resources linked in the images below.



Nevada's Statewide Task Force has developed the **Suicide Prevention Month Partner Toolkit 2024** to Change the Narrative on Suicide. [CLICK HERE](#) to access this life-preserving and life-saving resource to help save lives • dispel myths • decrease stigma and • empower the public with knowledge to prevent suicide.



American Foundation for Suicide Prevention



Join this **FREE** event for helpers — therapists, social workers, teachers, and others who work with at-risk populations. National and local updates on the **988 Suicide & Crisis Lifeline** will be shared, with a focus on addressing suicidality in pregnant and postpartum individuals. Click the image to the left to learn more and register.



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**PROFESSIONAL
DEVELOPMENT
OPPORTUNITIES**



DATE	PROGRAM	HOSTED BY
SEPT 18	NV-AIEMCH ECHO Cultural Considerations when Working with Families	NV-AIECMH
SEPT 19	Developmental Pediatrics ECHO Speech & Language Disorders of Infant & Toddlers	Project ECHO Nevada
SEPT 19	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
SEPT 25	Cultivating Critical Self Reflection in RSC	Alliance for the Advancement of Infant Mental Health
SEPT 25	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
SEPT 26-29	<i>The Inaugural</i> Las Vegas Children's Mental Wellness Symposium	Las Vegas Play Therapy

[CLICK HERE](#)



Click the date column for more information and registration details for each program.



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**P R O F E S S I O N A L
DEVELOPMENT
O P P O R T U N I T I E S**

OCTOBER

2024

SUN MON TUE WED THU FRI SAT

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

DATE	PROGRAM	HOSTED BY
OCT 1	NV-AEIMCH ECHO Service Provider Relationships and Loss	NV-AIECMH
OCT 3	Developmental Pediatrics ECHO Social, Emotional, and Behavioral Disorders of Infants & Toddlers	Project ECHO Nevada
OCT 8	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
OCT 10	Developmental Pediatrics ECHO Post-Hospital Care of the NICU Infant	Project ECHO Nevada
OCT 16	NV-AEIMCH ECHO Endorsement Follow Up	NV-AIECMH
OCT 24	NV-AIECMH Office Hours Endorsement & Membership	NV-AIECMH
ONGOING DATES	Free Online IECMH Modules	Virginia Commonwealth University

[CLICK HERE](#)



Click the date column for more information and registration details for each program.

IECMH ECHO SESSIONS: OCTOBER 2024



REGISTER HERE

Helpful Tip 1:

Before you register, we encourage you to review the iECHO Tip Sheet on the next 2 pages.

Helpful Tip 2:

The link to join the ECHO session will be delivered to your inbox 30 minutes before the session start time. We recommend that you create a meeting block in your calendar as a reminder.

Questions?

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**All teach.
All learn.**

All NV-AIECMH members including therapists, educators, policy makers, home visitors, pediatricians, pediatric nurses are invited to attend. These ECHO learning sessions are available to members only.

Tuesday October 1, 2024	11:00 am PST	Service Provider Relationships and Loss
<p>Relationships are at the heart of IECMH as they are the foundation of social and emotional development. This focus on positive, healthy, and supportive relationships encompasses all aspects of IECMH work. What is less talked about is the service provider who is experiencing these relationships and how change, transitions, and closures impact them. This discussion will explore the nature of worker relationships, types of changes and transitions, provider reactions, and resources for service providers.</p>		
Wednesday October 16, 2024	12:00 pm PST	Endorsement Follow-Up
<p>Join us along with Denise McDrummond ME.d, IECMH-E® and Endorsed Reflective Supervisor to learn more about the pathways to Endorsement and how joining the growing number of endorsed professionals across the world is good for the babies, young children, and families we serve.</p>		

Each session aligns with the IECMH Competencies and may be used toward Endorsement application or renewal.

Each session allows all participants to introduce themselves, to ask questions of the group and to share their experiences and wisdom, as we develop and strengthen our community of support.



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Learn more at: www.nvaiecmh.org/events

IECMH COMPETENCIES

The Infant and Early Childhood Mental Health (IECMH) competency guidelines outline the essential skills and knowledge professionals use to promote the social, emotional, and relational well-being of infants, toddlers, young children, and their families. This month, we will explore **Reflective Practice** as an IECMH competency in action.

Reflective Practice is more than a tool—it's a **way of being** that empowers professionals to better understand themselves and those they serve. By regularly engaging in reflection, we develop a greater capacity to recognize how our feelings, thoughts, and intentions, as well as those of others, influence our actions and behaviors. This deepened self-awareness enhances the quality of our work, leading to more thoughtful and compassionate interactions with infants, young children, and families.

When professionals and agencies integrate Reflective Practice into daily routines and organizational culture, the benefits are far-reaching. From direct providers to supervisors and consultants, Reflective Practice fosters greater **emotional insight, stronger relationships**, and more effective services for young children and families.

Reflective Practice also creates space for professionals to examine their positions of privilege, power, and **implicit biases**, as well as the impact these have on decision-making and interactions with families from diverse backgrounds. By reflecting on these issues, we are better equipped to challenge discriminatory practices and foster equity in our work.

Join
-US-

Join us for **Virtual Office Hours!** These drop-in meetings allow you to connect & chat with NV-AIECMH staff to talk about the Association, the journey to Endorsement[®], the IECMH Competencies, and membership. Dates & details are available at nvaiecmh.org/events



INFANT/EARLY CHILDHOOD MENTAL HEALTH ENDORSEMENT®

IECMH Endorsement® is an internationally-recognized credential that highlights and verifies that professionals have specialized training and experience in culturally responsive and relationship-based practice.

The Endorsement categories are defined by the way you work with or on behalf of the IECMH population. Most categories include professionals from a variety of work settings, and each scope of practice consists of people newer to the field, people who have a lifetime of experience, and people who are leaders in the field.

This month, we highlight the **Reflective Supervision/Consultation [Add-On]** Endorsement. To learn more about all categories, join us at **Office Hours** - free and online. Dates and details available at www.nvaiecmh.org/events.



PROMOTION



PREVENTION



CLINICAL INTERVENTION



LEADERSHIP



REFLECTIVE SUPERVISION / CONSULTATION

SCOPE OF WORK

Those whose roles involve guiding and supporting others in their work with infants, young children, and families. They often provide reflective supervision/consultation to those in direct service, helping them process their experiences, enhance their reflective capacity, and improve their work with families.

SPECIAL NOTE

This is an **add-on** Endorsement and applies to those who are Endorsed / Apply for Endorsement in the categories of Infant Family Specialist and/or Mental Health Specialist.

WHO DOES THIS WORK

- IECMH Consultants
- Early Childhood Program Supervisors
- Clinical Supervisors
- Home Visiting Program Supervisors
- Early Intervention Team Leaders

ENDORSEMENT CATEGORY

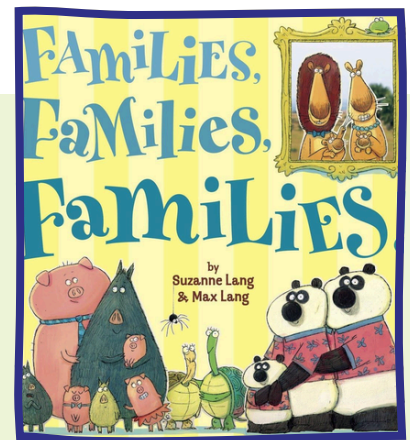
Add-On: Endorsed Reflective Supervisor

WHAT WE'RE READING

Families, Families, Families!

by Suzanne Lang

No matter your size, shape, or pedigree, if you love each other, you are a family! Moms, dads, sisters, brothers – and even Great Aunt Sue – appear in dozens of combinations, demonstrating all kinds of nontraditional families! Silly animals are cleverly depicted in framed portraits, and offer a warm celebration of family love.



FOR READING TOGETHER

the Leaf Thief by Alice Hemming

Squirrel loves counting the leaves on his tree—red leaves, gold leaves, orange, and more. But hold on! One of his leaves is missing! On a quest to find the missing leaf, Squirrel teams up with his good friend Bird to discover who the leaf thief could be among their forest friends.

MOMENTS OF CONNECTION

A Cascade of Impacts:

The Many Ways Water Affects Child Development

Source: Center on the Developing Child - Harvard University

Children's brain development and mental health can be affected when there is too much or too little water in the environment around them, such as flooding or drought. To function properly, the brain needs adequate water as well as nutrients. Children's attention and memory can also be impaired by even mild dehydration. Learn more in the full article from the Center on the Developing Child [HERE](#).



2025 MEMBERSHIP UPDATE

NV-ASSOCIATION FOR INFANT & EARLY CHILDHOOD MENTAL HEALTH
NEW Membership Fees for 2025
PLAN AHEAD!

SPECIAL PRICING FOR EARLY RENEWALS!

Membership Renewal One Year Option

Individuals (2025)

\$50

Renew BEFORE
November 15th

\$65

Renew BEFORE
December 31st

Membership Renewal Three Year Option

Individuals 2025-2027

\$125

Renew BEFORE
November 15th

\$150

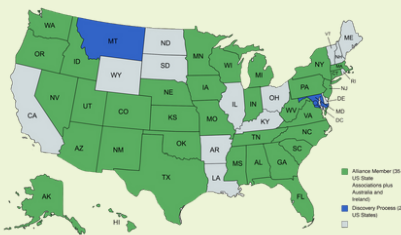
Renew BEFORE
December 31st

Celebrating
317
MEMBERS!

Special Student Membership pricing also available.
See the NVAIECMH website for full details on all
membership pricing.

<https://nvaiecmh.org/>

ABOUT NV-AIECMH



NV-AIECMH is the only statewide professional association that supports, trains, and connects the cross-system workforce that supports and promotes the healthy social emotional development of Nevada's children from the prenatal period through age six.



Alliance for the Advancement of
Infant Mental Health

Nevada is one of **35** state associations in the U.S. to provide the Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health®. Each association is a member of the Alliance for the Advancement of Infant Mental Health. Learn more about the Alliance [HERE](#).