



nvaiecmh
Nevada Association for Infant
& Early Childhood Mental Health

Giving children roots to
grow and wings to fly.

MARCH 2024 NEWS

This month the Association is celebrating the start of Spring by announcing our first Members Only learning series using the ECHO platform. We invite you to attend one of the ECHO Open House sessions to hear more about the learning opportunities ahead. Starting early April, ECHO learning sessions will be held twice each month, covering a wide range of IECMH topics. Be sure to complete your NV-AIECMH membership application (at **no cost** in 2024!) before registering for ECHO.

If you follow us on social media, you already know we have **more than 165 members** and counting! If you are not yet following the Association on social media, connect with us today to join the conversation on Facebook, Instagram, and LinkedIn.

Inside this issue you'll find details about our ongoing Office Hours where you can drop-in to ask us any questions about the Association, membership, or the Endorsement[®] process.

We are so happy to see the days grow longer and we are eager to spend more time outdoors with our families. We hope you do the same!

Jacquelyn Kleinedler, MFT, LADC
NV-AIECMH Executive Director

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WWW.NVAIECMH.ORG

WHY JOIN NV-AIECMH?

MEMBERSHIP BENEFITS



The Association is proud to offer membership at **no-cost** to all Nevada professionals in 2024! NV-AIECMH is committed to supporting your professional growth and development as you make a meaningful impact in the lives of infants, young children, and families.

We invite you to join the growing network of professionals statewide. Members enjoy the following benefits:

1.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES.

Members have access to free or low cost training and professional development opportunities.

2.

NETWORKING & CONNECTION.

Members have access to the Association network through the Info Hub - with a membership directory and community discussion forum.

3.

RESOURCES & INFORMATION.

Members obtain resources and information on best practices, research, and policy updates related to infant and early childhood mental health.

4.

ACCESS TO IECMH ENDORSEMENT[®].

Members may apply for Endorsement - a professional credential to demonstrate expertise and to increase credibility in the field of Infant and Early Childhood Mental Health.



Grow with us by taking these first 3 steps:



1 Become a NV-AIECMH Member:

1. Scan the QR code to the right..
2. Select your membership type: Student/Retiree, Professional, Parent.
3. Enter your contact information.
4. Select NEXT.
5. Complete registration form, billing details, and review accept our terms and conditions. [Note: billing details will remain blank due to introductory offer; membership fees are waived until Jan. 2025!]
6. Press JOIN!
7. Check your email for instructions to create a username and password for the members-only *Info Hub*.



2 Connect to the Info Hub:

1. Check your email.
2. Follow the link provided to the NV-AIECMH Info Hub and create your account.
3. Login and look around.
4. Register for Endorsement!



3 Register for Endorsement®:

1. Log in to the NV-AIECMH Info Hub; from left menu select **EASy Endorsement System**.
2. Once on the NV-AIECMH EASy website, select "Register" if this is your first time.
3. Select "Submit" to complete your registration; you will be directed to the "shopping cart".
4. Use coupon code "introductory24" to *waive* your registration fee.
5. Within 24 hours, your application will be approved.
6. Check your email for a temporary login.
7. Use temporary login to log into EASy.
8. Begin building your application!

PROFESSIONAL DEVELOPMENT OPPORTUNITIES



Introducing Nevada ECHO for IECMH. ECHO [Extension for Community Health Outcomes] is a virtual learning community for all IECMH professionals. All ECHO training sessions are tied to IECMH competencies and are FREE for NV-AIECMH members. See the next two pages for details on the first sessions in March & April and mark your calendar to join us each month as we learn and grow together!

LIVE

ECHO LEARNING



JOIN US FOR NEW TOPICS EACH MONTH!

FIRST TUESDAY | **11 am PACIFIC**

THIRD WEDNESDAY | **12 pm PACIFIC**

Register Now www.nvaiecmh.org/events

VIRTUAL OFFICE HOURS

LEARN MORE ABOUT:

- NV-AIECMH MEMBERSHIP
- IECMH ENDORSEMENT®



Join virtual drop-in Office Hours to talk with staff about the Association, learn about the journey to Endorsement®, and to explore membership. No registration required.

Office Hours

FRI MAR 15: 12pm - 1pm
THU MAR 21: 12pm - 1pm
WED MAR 27: 8am - 9am
MON APR 4: 12pm - 1pm
MON APR 8: 12pm - 1pm
FRI APR 19: 10am - 11am
MON APR 22: 9am - 10am
TUE APR 30: 8am - 9am

Join Zoom via this LINK

Meeting ID: 657 966 9455

Passcode: EOM534

NV-AIECMH ECHO SERIES

ALL TEACH - ALL LEARN



nvaiecmh
Nevada Association for Infant
& Early Childhood Mental Health

NV-AIECMH is excited to bring ECHO to the IECMH professionals of Nevada!

Please join us to learn about Project ECHO, how to register in the iECHO system, and how this learning community can support the implementation of Infant and Early Childhood Mental Health best practices in the field.

ECHO sessions will be available on a biweekly basis starting in **April 2024** for all professionals who work with babies, very young children and their families, such as clinicians, home visitors, early childhood educators, and child welfare workers.

To learn more about ECHO, please join us at one of the interest sessions below:

INTRO TO ECHO: OPEN HOUSE

Wednesday, March 20 2024
12pm-1pm PST

[REGISTER HERE](#)

Tuesday, March 26 2024
11am-12pm PST

[REGISTER HERE](#)

**FREE for
NV-AIECMH
Members!**



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UPCOMING SESSIONS: IECMH ECHO



APRIL 2024

Tuesday, April 2, 2024	11:00 am PST	Intro to IECMH Endorsement®
Wednesday, April 17, 2024	12:00 pm PST	Intro to IECMH Endorsement®

Join us as Amber Keeler, Workforce Development Specialist at the Alliance for the Advancement of Infant Mental Health, explains the value of achieving Endorsement in Infant and/or Early Childhood Mental Health. Learn about the pathways to Endorsement and how joining the growing numbers of endorsed professionals across the world is good for the babies, young children, and families we serve.



Questions?

- Kate Keese
kkeese@alliedbehavior.com
- Tracey Tapiz
ttapiz@nvaiecmh.org

Helpful Tip: The link for ECHO sessions will appear in your inbox 60 minutes before the session start time. We encourage to create a meeting hold on your calendar.

NV-AIECMH welcomes Infant & Early Childhood Mental Health professionals including therapists, educators, policy makers, home visitors, pediatricians, pediatric nurses and more!

Mark your calendar and plan to join us each month on the **1st Tuesday @ 11am** and **3rd Wednesday @ 12pm**.



Follow
NV-AIECMH on
social media!



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NV-aiecmh

@nvaiecmh

linkedin.com/company/nvaiecmh

IECMH COMPETENCIES

The infant and early childhood mental health (IECMH) competencies include a broad range of skills and knowledge that professionals use to support the social, emotional, and relational wellbeing of infants, toddlers, young children and their families.

We envision that Nevada professionals demonstrate these competencies in action in the following ways:

- **Relationship-Based Practice:** IECMH professionals demonstrate this competency by building strong, trusting relationships with young children and their caregivers. They may do this by engaging in sensitive, responsive interactions during play or by providing emotional support and guidance to caregivers.
- **Cultural Competence:** IECMH professionals show cultural competence by understanding and respecting the cultural beliefs, values, and practices of the families they work with. For example, they may adapt their approach to providing services to align with the cultural norms of the family.
- **Collaboration and Consultation:** IECMH professionals collaborate with other professionals, such as pediatricians, educators, and social workers, to ensure that young children and families receive comprehensive and coordinated care. They may consult with these professionals to share information and develop treatment plans.

Join
US!

Join us for **Virtual Office Hours!** These drop-in meetings allow you to connect & chat with NV-AIECMH staff to talk about the Association, the journey to Endorsement[®], the IECMH Competencies, and membership. Dates & details are available at nvaiecmh.org/events



INFANT/EARLY CHILDHOOD MENTAL HEALTH ENDORSEMENT®

IECMH Endorsement® is an internationally-recognized credential that highlights and verifies that professionals have specialized training and experience in culturally responsive and relationship-based practice.

The Endorsement categories are defined by the way you work with or on behalf of the IECMH population. Most categories include professionals from a variety of work settings, and each scope of practice consists of people newer to the field, people who have a lifetime of experience, and people who are leaders in the field.

This month, we highlight the **Family Associate** Endorsement for those who work in the **Promotion** field. To learn more about all categories, join us at **Office Hours** - free and online. Dates and details available at www.nvaiecmh.org/events.



PROMOTION

SCOPE OF WORK

Those who promote healthy growth, development, and early relationships.



PREVENTION

WHO DOES THIS WORK?

- Case Management
- Child Welfare
- Court-Appointed Special Advocate
- Early Care & Education
- Lactation Consultant
- Program Administrator
- Pediatric Health Care Provider
- Wraparound



CLINICAL INTERVENTION

IECMH IN ACTION

By supporting and educating families with young children - focusing on attachment, bonding, mental health and wellbeing, and positive parent-child interactions. This work is done through direct service, advocating for programs and policies, and/or making appropriate referrals.



LEADERSHIP

ENDORSEMENT CATEGORY

Family Associate



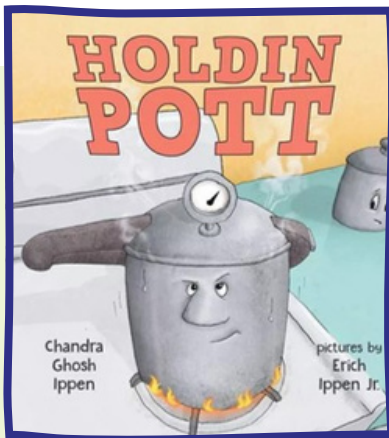
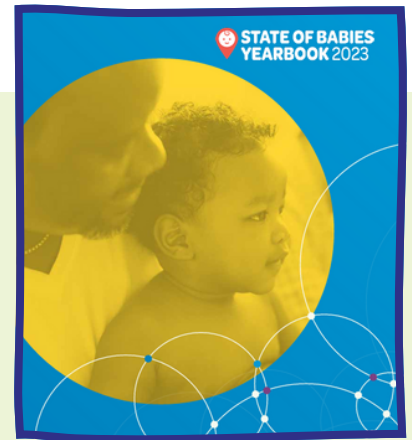
REFLECTIVE SUPERVISION / CONSULTATION

WHAT WE'RE READING

STATE OF BABIES YEARBOOK: 2023

Zero to Three

The state in which a child is born and resides during their first three years significantly impacts their likelihood of a healthy and successful start in life. The State of Babies Yearbook bridges the gap between scientific research and policy-making. This comprehensive report offers national and state-by-state perspectives on the well-being of America's infants and their families. Read more at stateofbabies.org/state/nevada.



FOR READING TOGETHER

HOLDIN' POTT By Chandra Ippen

This story follows the journey of a young boy who discovers the power of holding onto his emotions. He learns to navigate his feelings of anger, sadness, and joy with the help of his friends and family. This book explores valuable lessons about the importance of embracing and expressing our emotions in a healthy and positive way.

MOMENTS OF CONNECTION

BRAIN BUILDING THROUGH PLAY

Center on the Developing Child - Harvard University

Playful interactions with adults help develop a sturdy foundation of brain development and overall health and wellbeing. By experiencing games and playful activities, children learn and practice important skills they'll need throughout their lives, like how to focus their attention, develop self-control, and regulate challenging emotions. Find suggested games and play-based activities based on a child's age at developingchild.harvard.edu.

And follow NV-AIECMH on social media for more ideas!





LET'S CONNECT ON SOCIAL

Help NV-AIECMH continue to reach professionals throughout the state who work with - and on behalf of - babies, toddlers, their families and caregivers. Join us as we educate others and promote the the importance of infant and early childhood mental health and the impact of early experiences on a child's development.

Below are a few of our recent posts. Like, share, comment, and connect with us on social media!



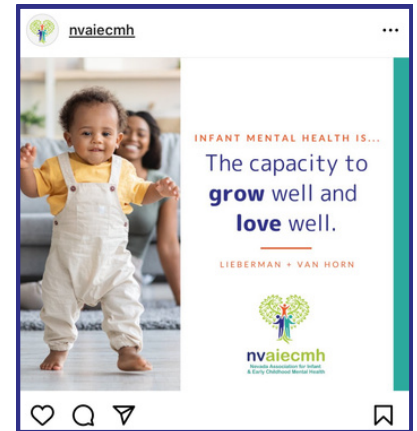
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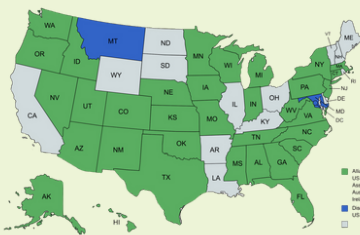
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ABOUT NV-AIECMH



NV-AIECMH is the only statewide professional association that supports, trains, and connects the cross-system workforce that supports and promotes the healthy social emotional development of Nevada's children from the prenatal period through age six.



Alliance for the Advancement of Infant Mental Health

Nevada is one of 35 state associations in the U.S. to provide the Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant & Early Childhood Mental Health®. Each association is a member of the Alliance for the Advancement of Infant Mental Health. Learn more about the Alliance [HERE](#).