



nvaiecmh
Nevada Association for Infant
& Early Childhood Mental Health

Giving children roots to
grow and wings to fly.

Early Relational Health Bulletin September • 2025

Welcome to your Early Relational Health Bulletin

the Association's monthly snapshot of activities, updates, and information about the early relational health of Nevada's babies and young children

Infant Mental Health IS Suicide Prevention

Although suicide is often associated with older individuals, the foundations for emotional well-being are built before birth and throughout early childhood. When we care for babies and young children or work with their families from an infant mental health lens, we have a positive impact on suicide risk later in life. Here are 3 examples to learn about.

1. Infant Mental Health highlights the importance of **social connections** and the development of healthy relationships from an early age.
2. Providers who use an Infant Mental Health lens understand the need to address **parental mental health**.
3. Providers who use an Infant Mental Health lens understand the importance of **positive self-worth** and fostering resilience from an early age.

If these examples sound like you, or you would like to learn more, consider attending one of our upcoming trainings!

NOW is a great time to BECOME A MEMBER

Do you look forward to receiving the ERH Bulletin every month? If so, become a **MEMBER** of the Nevada Association for Infant and Early Childhood Mental Health to access a full range of Membership Benefits including our full 5+ page Newsletters that expand the topics we mention here.

We created a **[Google Drive folder](#)** to highlight Membership Benefits and Why Infant Mental Health Matters. Check it out today and get in touch with us if you have any questions.

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