



nvaiecmh
Nevada Association for Infant
& Early Childhood Mental Health

Giving children roots to
grow and wings to fly.

Nevada Association for Infant and Early Childhood Mental Health

Early Relational Health Bulletin July • 2025

Welcome to your Early Relational Health Bulletin

the Association's monthly snapshot of activities, updates, and information about the early relational health of Nevada's babies and young children

ICYMI (in case you missed it): Helping Children Fearful of ICE Raids

Children in Nevada are being impacted by ICE raids. It is normal to be uncertain about how to talk with young children about current events, especially when those events are scary or illegal, and if you are unsure yourself. Remember to let the child with questions lead, and don't be afraid to say "I don't know." Help children orient to safety before ending the conversation. Organizations and Communities are pulling together and sharing resources for Infant and Early Childhood Providers. First 5 Contra Costa has a handout with useful tips:

- Children need to feel safe.
- Limit your child's exposure to news and information.
- Don't pretend that nothing is happening.
- Answer their questions to the best of your ability, at an age appropriate level, but use as few words as possible.
- Children might act out in ways that do not seem to directly connect to their worries.

Get more details by clicking [HERE](#).



UPCOMING TRAINING

Head over to the website to learn more about these upcoming workshops:

Wednesday, July 23: Understanding Our Stress Response Cycle, Part 2

Tuesday, August 19: The Young Child's Social Emotional Development

Saturday, September 13: Toxic Stress and Infant Brain Development

Saturday, October 18: The Brain Architecture Game

Event Calendar

NOW is a great time to BECOME A MEMBER!

Do you look forward to receiving the ERH Bulletin every month? If so, become a **MEMBER** of the Nevada Association for Infant and Early Childhood Mental Health to access a full range of Membership Benefits including our full 5+ page Newsletters that expand the topics we mention here. **Right now, Membership is 50% off!**

We created a [Google Drive folder](#) to highlight Membership Benefits and Why Infant Mental Health Matters. Check it out today and get in touch with us if you have any questions.

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