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Nevada Association for Infant
& Early Childhood Mental Health

Giving children roots to
grow and wings to fly.

Nevada Association for Infant and Early Childhood Mental Health

Early Relational Health Bulletin

June • 2025

Welcome to your Early Relational Health Bulletin

the Association's monthly snapshot of activities, updates, and information about the early relational health of Nevada's babies and young children

Helping Children Afraid of ICE Raids

Children in Nevada are being impacted by ICE raids. It is normal to be uncertain about how to talk with young children about current events, especially when those events are scary or illegal, and if you are unsure yourself. Remember to let the child with questions lead, and don't be afraid to say "I don't know." Help children orient to safety before ending the conversation.

Organizations and Communities are pulling together and sharing resources for Infant and Early Childhood Providers. First 5 Contra Costa has a handout with useful tips:

- Children need to feel safe.
- Limit your child's exposure to news and information.
- Don't pretend that nothing is happening.
- Answer their questions to the best of your ability, at an age appropriate level, but use as few words as possible.
- Children might act out in ways that do not seem to directly connect to their worries.

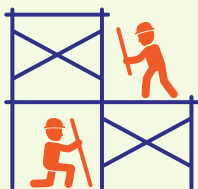
Get more details by clicking [HERE](#).

What is IECMH Endorsement®?

Infant/Early Childhood Mental Health Endorsement® (IECMH-E) is Nevada's internationally recognized credential that highlights and verifies that professionals have specialized training and experience in culturally responsive and relationship-based practice.

The Endorsement categories reflect the way you work with or on behalf of young children and their families. Most categories include professionals from a variety of work settings and years of experience.

Learn more [HERE](#)



NEW IN PERSON TRAINING

The Association is offering two exciting opportunities for providers in Northern Nevada to attend in-person training about toxic stress and brain architecture.

Visit our Event Calendar to learn more and register.

This training is FREE for everyone

Saturday, September 13: Toxic Stress and Infant Brain Development

Saturday, October 18: The Brain Architecture Game

What does "Early Relational Health" mean?

At its core, early Relational Health is the moment to moment interactions between parents and caregivers with infants and toddlers - simple activities like holding, feeding, diapering, singing, reading, playing, and just being together.



Science affirms that positive relational experiences promote healthy physical development and help avoid future health problems. The Harvard Graduate School of Education has a helpful [comprehensive guide](#)